

Post-Intervention Staff Interviews

Site:

Date:

We are trying to improve our trainings and materials before sharing them with other agencies. This interview will be kept confidential and not shared with anybody except study staff. Please be honest and give us any suggestions or opinions that you have regarding the study itself or study materials. Thank you!

Baby Behavior Training

The following questions will talk about the Baby Behavior trainings you received about infant cues, infant sleep & crying at the beginning of the study.

1. Do you feel that the amount of training you received prepared you to talk to participants about how babies sleep? YES NO

1A. (If yes): What did you learn about infant sleep that was the most useful to you? _____

1B. (If no): What would help you feel more comfortable talking to participants about infant sleep? _____

2. Do you feel that the amount of training you received prepared you to talk to participants about infant crying? YES NO

2A. (If yes): What did you learn about infant crying that was the most useful to you? _____

2B. (If no): What would help you feel more comfortable talking to participants about why babies cry? _____

3. Do you feel that the amount of training you received prepared you to talk to participants about babies' cues? YES NO

3A. (If yes): What did you learn about babies' cues that was the most useful to you? _____

3B. (If no): What further information do you need specifically to talk to moms about babies' cues? _____

4. Thinking back to the Baby Behavior trainings that you attended: what was your favorite activity or part of the training? (may need to probe) _____

5. What additional topics would you be interested in learning about? (*Ex: older infant/toddler behavior, cultural differences, etc.*) _____

6. Do you think that refresher or review trainings about Baby Behavior throughout the study period would have been useful? YES NO

6A. (If yes): how often would you have liked to have them? (*i.e., monthly, quarterly, yearly*) _____

6B. What topics would have been useful for you to review during these trainings? _____

7. During the BB trainings you received staff handouts to help you while counseling participants. Which staff handouts do you remember receiving? (*Check all that are mentioned*)

- ☐ Look, recognize, respond cards
- ☐ Infant states handout (with intensity scale)
- ☐ Sleep facts
- ☐ Helping parents deal with lack of sleep (questions to ask, solutions to give)
- ☐ Other: _____

7A. Which of the following did you use while counseling? (*Check all that apply*)

- ☐ Look, recognize, respond cards
- ☐ Infant states handout (with intensity scale)
- ☐ Sleep facts
- ☐ Helping parents deal with lack of sleep (questions to ask, solutions to give)
- ☐ Other: _____

Baby Behavior Classes

The next section will talk about the Baby Behavior classes for participants.

8. During the intervention period (10/07-9/08) did you teach any classes developed as part of the Baby Behavior Study? YES NO

8A. Which of the following classes did you teach? *(Check boxes of all that apply in 8B.)*

8B. How often did you teach each class? *(Write on the corresponding line.)*

- | | |
|--|-------|
| <input type="checkbox"/> Understanding Your Baby's Cues
(prenatal class) | _____ |
| <input type="checkbox"/> Secrets of Baby Behavior
(infant class) | _____ |
| <input type="checkbox"/> Breastfeeding: The Gift of Love
(post partum BF support) | _____ |

9. What preparation did you have prior to teaching the BB classes for the first time? *(Ex: time to practice, read script, additional training, etc?)*

10. Did you use the class script/outline? YES NO

10A. (If yes): Was it useful? _____

10B. What was helpful about the format of the class script?

10C. (If no): What tools did you use to help you teach the class effectively? _____

10D. What suggestions do you have to make the class script easier to use?

11. Did you use the "easy scripts"? _____

11A. (If yes): Did you find the easy scripts useful? _____

11B. What would make the easy scripts more useful? _____

The next few questions will be about each class specifically. Refer to the class outline as needed to jog your memory.

12. For the prenatal class **“Understanding Your Baby’s Cues”**:

12A. What was one thing you liked about the class?

12B. What was one thing you did not like about the class?

12C. Is your site still teaching the prenatal class? YES NO

12D. How did participants react to this class? _____

12E. Has your site made any changes to the class? _____

12F. (If yes): What changes were made? _____

12G. What was one thing you liked about the class materials (props/posters)? _____

12H. What was one thing you did not like about the class materials (props/posters)? _____

12I. What else would you like to say about the prenatal class? _____

13. For the post partum breastfeeding support group, **“Breastfeeding: The Gift of Love”**:

13A. What was one thing you liked about the class?

13B. What was one thing you did not like about the class?

13C. Is your site still teaching this class? YES NO

13D. How did participants react to this class? _____

13E. Has your site made any changes to the class? _____

13F. (If yes): What changes were made? _____

13G. What was one thing you liked about the class materials (props/posters)? _____

13H. What was one thing you did not like about the class materials (props/posters)? _____

13I. What else would you like to say about this class? _____

14. For the infant class, **“Secrets of Baby Behavior”**:

14A. What was one thing you liked about the class?

14B. What was one thing you did not like about the class?

14C. Is your site still teaching this class? YES NO

12D. How did participants react to this class? _____

12E. Has your site made any changes to the class? _____

12F. (If yes): What changes were made? _____

12G. What was one thing you liked about the class materials (props/posters)? _____

12H. What was one thing you did not like about the class materials (props/posters)? _____

12I. What else would you like to say about this class? _____

Baby Behavior Materials

The following questions are about counseling using the Baby Behavior handouts.

16. Do you currently talk to WIC participants about infant crying? YES NO

16A. (If yes): How often? _____

16B. (If no): What barriers have kept you from sharing messages about infant crying? _____

17. Which handouts do you use when talking to participants about infant crying? (Circle all that apply)

Why Babies Cry Healthy Sleep

Understanding Your Baby's cues

Getting to Know Your Baby: Tips & Facts About the 1st 6 Weeks

18. Do you currently talk to WIC participants about babies' cues? YES NO

20A. (If yes): How often? _____

20B. (If no): What barriers have kept you from sharing messages about babies' cues: _____

19. Which handouts do you use when talking to moms about babies' cues? (Circle all that apply)

Understanding Your Baby's Cues Why Babies Cry

Healthy Sleep

Getting to Know Your Baby: Tips & Facts about the 1st 6 Weeks

20. Do you currently talk to WIC participants about infant sleep? YES NO

20A. (If yes): How often? _____

20B. (If no): What barriers have kept you from sharing messages about infant sleep? _____

21. Which handouts did you use when talking to moms about their babys' sleep?
(Circle all that apply)

Understanding Your Baby's Cues

Why Babies Cry

Healthy Sleep

Getting to Know Your Baby: Tips & Facts About the 1st 6 Weeks

22. What were the main sleep messages that you talked to participants about?
(Circle all that are mentioned. Write additional messages on lines below.)

Dreaming

Waking is healthy

Active/Quiet sleep

Average wake times

Tips for sleepy moms

23. Think back to a time when you shared a Baby Behavior handout with a participant, how did they respond? _____

24. Which participants did you counsel using the Baby Behavior handouts with the most? *(Rank the following groups in order of most time spent discussing BB to least time spent discussing BB: Pregnant mothers, breastfeeding mothers, formula feeding mothers, fathers, other caregivers of infants)*

1. _____
2. _____
3. _____
4. _____
5. _____

25. Do you feel that time was a barrier to you using the Baby Behavior materials or talking to participants about BB?

25A. (If yes): Explain how much time it took. _____

26. Which topic did parents seem to be the most interested in learning about?
(Circle one)

Infant Sleep

Baby Cues

Infant Crying

Other _____

27. Which of the three topics did you spend the most time talking to parents about? (cues, crying, or sleep) _____

28. What was most challenging about the data collection process? (Example: participant surveys, baby weights, staff surveys)

29. How could the study staff have been more supportive during the intervention? _____

30. What could the study staff have done differently to be more supportive of your work with Baby Behavior? _____

31. Which BB topics did participants ask you for information about without any prompting? (*Check all topics mentioned.*)

- ☐ Infant sleep _____
- ☐ Baby cues _____
- ☐ Infant crying _____
- ☐ None, they don't ask _____

31A. **How often** did parents ask you about each of the following topics?
(*Daily, weekly, monthly, never*)

Infant sleep _____
Baby cues _____
Infant crying _____