FREEZE: Unwilling participant script: Sara Williams

Age: 29 years 11 months

Family Size: 7

4 year old twins also on WIC

Last Menstrual Period: 12/29/2010

Expected Delivery Date: 10/04/2011

Pregnancy Information:

First prenatal visit: 5/6/2011

Diagnosed with twins

Early weight loss while pregnant

Last pregnancy ended 12/2/2010

Hs has a baby born at 5 pounds 8 ounces or less, and 37 weeks or less

Pregnancy loss, and a still birth

Medical Information:

No medical conditions

Takes Lamictal for seizure disorder

No dental problems and has provider

No food allergies

Eats ICE

Takes a multivitamin and an iron pill

Does not smoke or use drugs

Feels depressed and has lost interest in things

No safety concerns

Wt/Ht/Bloodwork:

Prepregnancy weight: 254

Today’s weight: 254

Hemoglobin: 9.2

Nutrition History:

No eating problems

Eats B, L, D, 3 snacks

Eats everything on the list

Drinks whole and 1% milk, water, juice, soda, and diet soda

Avoids no foods, not on a diet, does not cut back for money reasons

DOES NOT WISH EATING WERE DIFFERENT

NO GOAL