

Colleen Pierre - VENA

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I did a training on Understanding the Cultures Served by Our WIC Agency. I thought was very interesting because here at WIC in Howard County we are very fortunate to have a diverse group of co-workers. I passed out the form with different topics of Breastfeeding, Nutrition, Healthcare etc... I asked each co-worker to tell a myth about there culture that was related to each topic. Each of us had to say if we thought that the myth was true or false. We laughed about different ones but we also find out alot about each others culture and myths we have about each other which makes us better understand each participant and there culture and stereotype.