*Johns Hopkins WIC Program*

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for

*Using a Participant Centered Approach*

Building rapport ❖ Asking probing and open-ended questions ❖ Making affirmations Focusing on positive health outcomes ❖ Using critical thinking skills ❖ Promoting goal setting

December 7, 2010

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Susan Gross, PhD MPH RD LDN Maureen Nathanson, MS RD LDN

