LESSON PLAN

BREAKING DOWN CULTURAL AND RELIGIOUS BARRIERS TO COMMUNICATION

Learning Objective: To practice the open ended, probing questions and affirmations that will allow a certifier to tease out the information needed to provide the best individualized package for participants whose religion affects food package choices.

Methods:

1. Handouts
2. Case Studies

Description of Activity:

1. Review Benefits of intercultural Competency for staff
2. Discuss Potential Hotspots while communicating with people of various cultures
3. Review some religious practices and dietary restrictions followed.
4. Brain storm potential restrictions of the current WIC food packages.
5. Activity: Study case studies and potential open ended questions
6. Evaluations