

Cut each message apart, laminate, add velcro to the back. Use with the “Sweet Dreams” poster in Section 2 of the *Secrets of Baby Behavior* class

I will be very
smart

I will wake up if
I need your help

I will develop a
healthy body

Cut each message apart, laminate, add velcro to the back. Use with the “Sweet Dreams” poster in Section 2 of the *Secrets of Baby Behavior* class

I promise I will
wake up less and
less as I get
older

I will have less
of a chance of
dying from SIDS