

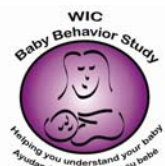
# BABY BINGO

Get down on the floor and play with the baby	Let the baby look at you, she wants to memorize your face	Stay close. Feeding time is a good time to interact with your baby.	Your baby is ready to play and learn from new experiences.
Use a variety of sounds and touch to wake your baby	Let the baby look at and touch you, babies like to use all their senses to learn	Feed the baby	Repeat calming words over and over
Turn the baby over and put her down for a nap *back to sleep*	Free Space	Gently take the baby off the breast	Check the baby's diaper
Give your baby time to safely explore the bath, but stay close	Let the baby rest	Put the spoon down and give your baby a break	Change your facial expression and see if the baby will copy you



Created by the UC Davis Human Lactation Center as part of the FitWIC Baby Behavior Study.

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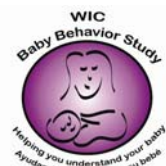
# BABY BINGO

Get down on the floor and play with the baby	Use a variety of sounds and touch to wake your baby	Put your baby down for a nap	Stay close. Feeding time is a good time to interact with your baby.
Stop the feed. Take the bottle away and burp the baby	Change your facial expression and see if the baby will copy you	Turn down the radio. The baby needs a break from the noise	Let the baby look at and touch you, babies like to use all their senses to learn
Turn the baby over and put her down for a nap *back to sleep*	Gently take the baby off the breast	Free Space	Check the baby's diaper
The baby is overwhelmed and needs to take a break	Repeat calming words over and over	Give your baby time to safely explore the bath but stay close	Feed the baby



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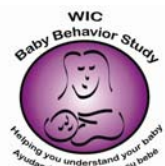
# BABY BINGO

Stay close. Feeding time is a good time to interact with your baby.	Let the baby look at and touch you, babies like to use all their senses to learn	Check the baby's diaper	The baby is overwhelmed and needs to take a break
Free Space	Put your baby down for a nap	Turn down the radio. The baby needs a break from the noise	Give your baby time to safely explore the bath, but stay close
Use a variety of sounds and touch to wake your baby	Change your facial expression and see if the baby will copy you	Gently take the baby off the breast	Repeat calming words over and over
Your baby is ready to play and learn from new experiences.	Put the spoon down and give your baby a break	Let the baby rest	Let the baby look at you, she wants to memorize your face



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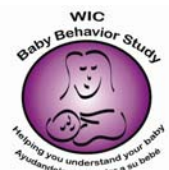
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Stop the feed. Take the bottle away and burp the baby	Change your facial expression and see if the baby will copy you	Turn down the radio. The baby needs a break from the noise	Let the baby look at and touch you, babies like to use all their senses to learn
Turn the baby over and put her down for a nap *back to sleep*	Gently take the baby off the breast	Free	Check the baby's diaper
The baby is overwhelmed and needs to take a break	Repeat calming words over and over	Give your baby time to safely explore the bath but stay close	Feed the baby
Your baby is ready to play and learn from new experiences.	Put the spoon down and give your baby a break	Let the baby rest	Let the baby look at you, she wants to memorize your face



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# BABY BINGO

Let the baby look at you, she wants to memorize your face	Free Space	Stay close. Feeding time is a good time to interact with your baby.	Use a variety of sounds and touch to wake your baby
Feed the baby	Let the baby look at and touch you, babies like to use all their senses to learn	Your baby is ready to play and learn from new experiences.	Repeat calming words over and over
Turn the baby over and put her down for a nap *back to sleep*	Get down on the floor and play with the baby	Change your facial expression and see if the baby will copy you	Check the baby's diaper
Give your baby time to safely explore the bath, but stay close	Put the spoon down and give your baby a break	Let the baby rest	Gently take the baby off the breast



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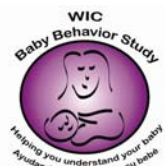
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Check the baby's diaper	Let the baby look at and touch you, babies like to use all their senses to learn	Feed the baby	Repeat calming words over and over
Turn the baby over and put her down for a nap *back to sleep*	Let the baby look at you, she wants to memorize your face	Free Space	Gently take the baby off the breast
Let the baby rest	Give your baby time to safely explore the bath, but stay close	Put the spoon down and give your baby a break	Your baby is ready to play and learn from new experiences.



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Let the baby rest	Let the baby look at and touch you, babies like to use all their senses to learn	Free Space	Repeat calming words over and over
Use a variety of sounds and touch to wake your baby	Feed the baby	Gently take the baby off the breast	Check the baby's diaper
Put the spoon down and give your baby a break	Give your baby time to safely explore the bath, but stay close	Stay close. Feeding time is a good time to interact with your baby.	Change your facial expression and see if the baby will copy you



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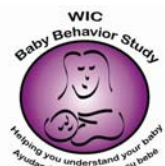
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Check the baby's diaper	Gently take the baby off the breast	Put the spoon down and give your baby a break	Repeat calming words over and over



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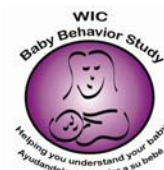
# BABY BINGO

Check the baby's diaper	Let the baby look at you, she wants to memorize your face	Turn the baby over and put her down for a nap *back to sleep*	Change your facial expression and see if the baby will copy you
Use a variety of sounds and touch to wake your baby	Let the baby look at and touch you, babies like to use all their senses to learn	Feed the baby	Repeat calming words over and over
Put the spoon down and give your baby a break	Stay close. Feeding time is a good time to interact with your baby.	Gently take the baby off the breast	Free Space
Give your baby time to safely explore the bath, but stay close	Let the baby rest	Get down on the floor and play with the baby	Your baby is ready to play and learn from new experiences.



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Use a variety of sounds and touch to wake your baby	Put the spoon down and give your baby a break	Stay close. Feeding time is a good time to interact with your baby.	Repeat calming words over and over
Let the baby rest	Get down on the floor and play with the baby	Gently take the baby off the breast	Let the baby look at and touch you, babies like to use all their senses to learn
Check the baby's diaper	Give your baby time to safely explore the bath, but stay close	Free Space	Change your facial expression and see if the baby will copy you



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